

ASTRO- GITA



SHATABHISHA

-The Hundred Stars

Meaning: The underworld;
hundred healers

Symbol: Empty or dark circle

Deity: Varuna – the demigod
of oceans and night sky

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SHATABHISHA

DESCRIPTION



1

Shatabhisha can be translated into “the hundred physicians”, “the hundred medians”, or “possessing a hundred healers”.

An alternative name is Shatataraka, which translates into “possessing a hundred stars”. Thus Shatabhisha nakshatra is intimately connected with the power of healing.



2

The symbol for Shatabhisha is a dark circle of a thousand flowers or stars. This circle can represent the creation cycle, our life cycle, the circle of life or the circle of the zodiac. The circle is also connected to the idea of containment, protection, barriers and concealment.



3

This nakshatra is related to protection and has a mysterious ability to be highly secretive. Shatabhisha has an unparalleled ability to conceal their thoughts, motives or feelings. They also have the ability to derive mystical power from hidden sources.



Shatabhisha nakshatra's main deity is Varuna, the demigod of the ocean and the night sky. Varuna is related to all the water elements in the creation, ranging from the cosmic and terrestrial waters to wine.



Varuna is often depicted holding a pot in one hand and medicinal herbs in the other. The pot contains Soma, celestial ambrosia, which suggests both the ideas of rejuvenation and intoxication. The medicinal herbs indicate that Shatabhisha is connected to healing.



The water element is also related to the concept of divine or holy waters which can act as a universal cure. In Vedic texts the oceans are also described as sources of herbs, which can cure every possible disease. All these concepts indicate that Shatabhisha people have the potential to develop powerful healing abilities.



Shiva, the lord of the ascetics, also has a prominent influence on this nakshatra. Shiva imparts his mystical, contemplative, ascetic and unconventional energy to Shatabhisha nakshatra. Although Shiva is an unconventional personality and acts as the leader of low creatures, he is also the greatest devotee of the Lord.



Shiva also acts as one of the gate keepers of Vrindavana, where Krishna performs His eternal pastimes. Therefore, if a Shatabhisha person has a strong desire to reach the spiritual world, Shiva can open many doorways on the spiritual path.



Shatabhisha nakshatra's special ability is "bhesaja shakti": the all-pervasive power of healing. This shows that Shatabhisha has the potential to bring healing on all planes of existence. Their healing abilities can only be activated through genuine repentance and continuous sustained effort over substantial periods of time.



The greatest benefit they derive from this tendency is to use their time for contemplation, or the search for the absolute truth, which will lead them to profound insights and enlightenment.



If they don't utilize the time in seclusion constructively, they can fall prey to pessimism, self-pity and depression. This will bring out their other weaknesses, such as laziness, addictions and a vulnerability to psychological ailments.



While Shatabhisha people tend to be withdrawn and undemonstrative, they have to guard against blurting out harsh truths at the inappropriate moments. If they want to be more materially successful, they should work on communicating with more refinement and sensitivity.



Because of their innate roughness and resilience, they tend to make their own rules to deal with the world. They won't accept beliefs and morals due to social pressure. Instead they prefer to analyze deeper to find out if social practices have real value.



In general, their thoughts are meticulous, calculating, analytical, logical and practical, which makes their world view intellectual and philosophical. This gives them an enterprising nature, confidence, moderation and discrimination.



Due to their strong mental abilities, they may neglect their emotions and feelings. Thus they should strive to integrate their emotional and mental intelligence. They should be aware not to become too opinionated and stubborn, believing that nothing can be learned from others.



If Shatabhisha people function in this more balanced way, they can relate to a broad variety of people without having preconceptions, judgments and prejudice. Then they can be profoundly mystical, meditative and philosophical visionaries.



If they can cultivate higher consciousness, they will have broad vision and an expansive outlook. They could use their active, independent and eccentric nature to break through attachments and conventions.



As the Shatabhisha nakshatra is related to justice and fair treatment, they can punish whoever deserves punishment, without consideration of their status. Therefore, they have the potential to bring about revolutionary movements and liberate people from injustice.



Shatabhisha nakshatra natives are knowledgeable and have philosophical insights into nature's hidden and complex functioning. Shatabhisha people can function beyond boundaries of race, age, status, nationality and religion to create unity.



Shatabhisha nakshatra people are quiet, introverted, contemplative, secluded and interested in welfare activities. They have significant mysteriousness and allure, like the ocean. They have the potential to develop transcendental vision to see what is behind the veil of material existence.



As part of their learning process, Shatabhisha people may have to go through challenges and difficulties, but these experience can give them insights and realizations. In order to gain the vision to see the purpose behind their challenges, they can meditate on the Lord.



The consciousness of Shatabhisha people can expand by remembering and reciting the verses which describe the Lord manifesting His eternal, ever-fresh transcendental form, which attracts the liberated souls and fulfills all the desires of His devotees.



The Lord is the ultimate revolutionary as He has the perfect plans to transform each individual's life. Many people wish to please the Lord to get their desires fulfilled. However, the secret of winning the Lord's heart is to approach Him out of love, while not asking for material benedictions.



Shatabhisha people can conquer the Lord's heart by showing their pure unalloyed love for Him. If they become such elevated souls, the Lord will grant them all benedictions and accept them as His personal associates.

SHATABHISHA

in the three gunas

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In tamas, they are extremely suspicious of other's motives and about new things. They have too strong barriers within themselves. They tend towards drugs and intoxicants to try to break barriers, but end up in messy situations. They feel blocked even though there is nothing blocking them. Rather, it's their own actions that block them. They feel unprotected, but do nothing to improve their situation. Therefore, this withdrawn mentality doesn't help them progress and grow.

Under the mode of passion, they can be ruthless in achieving their goals through a calculative and logical mind. Due to their high mental activity, they tend to neglect their emotional side. They come across as too stubborn and judgmental.

Under the mode of goodness, Shatabhisha people are inclined towards justice and knowledge. They take challenging situations with a good mood and have deep insights and realizations from them. By prayer, they gain vision to see the purpose behind their challenges.

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MOTIVATIONAL QUOTES



Moths are captivated by the glaring brightness of light, and thus they become prey to the fire. Similarly, the deluding energy is always captivating the conditioned souls to become prey to the fire of delusion, and the Vedic scriptures warn the conditioned souls not to become prey to delusion but to get rid of it.

- Srimad-bhagavatam 1.17.24, purport



The dream that we see at night is certainly false, but a horrible dream certainly affects the person seeing it. The soul's fatigue is not factual, but as long as one is immersed in the illusory bodily conception, one is affected by such false dreams.

- Srimad-bhagavatam 5.10.21, purport



One need only seek shelter of the shade of the Lord's lotus feet. Then all the material tribulations that disturb him will be subdued, just as when one comes under the shadow of a big tree, the disturbances caused by the heat of the scorching sun are immediately mitigated, without one's asking for relief.

- Srimad-bhagavatam 6.9.43, purport

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*What is night for all
beings is the time of
awakening for the
self-controlled; and
the time of awakening
for all beings is night
for the introspective
sage.*

- Bhagavad-gita 2.69

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If you become conscious of Me, you will pass over all the obstacles of conditional life by My grace. If, however, you do not work in such consciousness but act through false ego, not hearing Me, you will be lost.

- Bhagavad-gita 18.58