

**ASTRO-  
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*~ The Mini Mahabharata in Your Heart*

*by Sri Radha Govinda Dasi*

**YOUR MOON IS IN**

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**MULA**

- Uprooting

**Meaning:** Root

**Symbol:** Tangled roots; storm

**Deity:** Nirrti – the demigoddess of

destruction

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# DESCRIPTION



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**1**

*The Sanskrit word Mula means “root”,*

*“bottom”, “foundation”, “origin”, “beginning”,*

*“primary”, “centre” or “innermost core”.*

*All these words are reflected by Mula*

*people’s strong desire to understand the*

*essences of reality.*

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**2**

*The main symbol for Mula nakshatra is a tied bunch*

*of roots. This symbol again indicates that Mula*

*people will strive to get to the core of everything.*

*The roots of trees and plants are usually hidden,*

*which means that this nakshatra deals with all kinds*

*of hidden things, realms, events, motives and*

*propensities.*

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**3**

*Mula people are drawn to inquiring and investigating the unseen or unknown.*

*Strong roots serve as a solid foundation; similarly, Mula nakshatra will give people*

*a steady foundation and the ability to*

*carry serious responsibilities.*

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**4**

*Roots also have the function of collecting*

*water and nourishment for plants.*

*Likewise, Mula nakshatra can enable*

*one to assemble the necessary*

*experiences, talents and skills to*

*achieve their life goals.*

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**5**

*As the symbol is tied roots, Mula people may feel constrained, trapped and limited. However this can be beneficial because they don't scatter their energy, which enables them to have one-pointed focus. The pinnacle of this one-pointed focus is reached if they become a sincere spiritualist.*



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**6**

***Mother Theresa, who was a world famous nun and welfare worker and became known as a saint, had Mula nakshatra as her moon sign. It is clear how dedication to God and serving others was her only focus.***

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**7**

*The deity who rules Mula is Nirriti or Kali, the demigoddess of destruction. When the appropriate time arrives, Kali destroys the creation so that there can be a new beginning. Therefore, the destructive energy of Mula nakshatra has a constructive purpose. It gives one the ability to destroy everything which is not serving their growth.*

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**8**

*As they have an intense capacity to destroy, Mula people must guard against impulsively destroying anything that seems to have lost its value. Instead they can channel their energy to cut and destroy all unwanted attachments and desires, illusions and negatives found within.*

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**9**

*Mula people often carry previous life experiences, which make them experience resentment, betrayal, mistrust and a significant sense of loss. If they daily meditate and read scriptures, they will come to realize that all experiences in the material plane are temporary, and therefore holding on to past suffering is futile.*

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**10**

*As the Mula nakshatra gives an intense energy, if people follow their lower desires they will become power hungry and desire to conquer everything. However, if they align themselves with the divine will and become open to serve others, they can become benevolent saints.*

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**11**

*If they desire to evolve, they should work on uprooting the karmic burden which they carry.*

*Then the feelings of dissatisfaction and disappointment can inspire them to seek spiritual truths and divine purpose. Their*

*inner struggle can then become a transforming experience of enlightenment.*

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**12**

*It will also be beneficial for them to work on trusting others and overcoming the fear of disapproval and rejection. If they hold on to this fear, they risk missing several opportunities for growth. It will also help them if they can accept that everyone has limitations.*

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**13**

*Mula people are often endowed with multiple capabilities and have charming pleasing personalities.*

*They are confident, competent and progressive,*

*but their challenge is that they are prone to*

*experience a cycle of being over enthusiastic,*

*followed by an emotionally apathetic phase of*

*isolation.*



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**14**

*It will help them grow if they can balance*

*their enthusiasm and emotions to overcome*

*the temptation of yielding to pessimism.*

*Although they don't intend to hurt others,*

*as their minds are often on fire, their*

*speech may seem harsh or rude.*

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**15**

*Due to their ability to go straight to the root of any matter, they tend to communicate in a straightforward way. At the same time, they have peculiar ways of looking at situations, which others will seldom understand.*

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**16**

*It will be wise if they can avoid making  
and sharing their hasty and sharp  
judgments. They can gain access and  
insight into their subconsciousness,  
hidden causes and unseen realms.*

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**17**

*They have the potential to*

*undergo positive transformations*

*and promote nonviolence*

*while protecting the good.*

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**18**

*Mula people may face a struggle between pursuing their own self-interest and serving the greater good. However, ultimately they will see that their individual interest is to grow beyond self-centeredness.*



*When Mula people reach this point, they often can wholeheartedly pursue spirituality. They will only be satisfied with an authentic and rich path which can take them to the essence of spirituality. When Mula people establish a strong connection to a bonafide religious tradition, they develop more faith in themselves.*

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**20**

*The main goal of life for Mula people is to*

*develop a relationship with the primeval*

*Lord, amidst their intense inner turmoil.*

*He is the root of all creation, the origin of*

*the soul and the eternal friend and father*

*of all living entities.*

# MULA

*in the 3 gunas*

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In *tamas*, they can become obsessed and overly attached to negative feelings and feed these emotions and feelings. A tendency to destroy anything that seems to have lost its value, including relationships, is another symptom of Mula people's reaction in the mode of ignorance. A sense of betrayal and mistrust in others can dominate their dealings.

Under *passion*, they become power hungry and want to conquer everything and everyone. Instead of realizing to take life's situations as karma from past activities, they try to turn the situations around, facing the frustrations and heavy burdens, to fix them.

In *goodness*, they are very prayerful. They learn to discriminate between reality and illusion, past and present, essence and detail. They seek spiritual guidance at times of distress or disappointment, making it a stepping stone to higher realizations. They accept their limitations and try to enjoy life without regret or envy.



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# MOTIVATIONAL QUOTES

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*When the flame in a lamp burns the wick improperly, the lamp is blackened, but when the lamp is filled with ghee and is burning properly, there is bright illumination.*

*Similarly, when the mind is absorbed in material sense gratification, it causes suffering, and when detached from material sense gratification it brings about the original brightness of Krishna consciousness.*

**- Srimad-bhagavatam 5.11.8**

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**If one chants the holy name of the Lord, even in a helpless condition or without desiring to do so, all the reactions of his sinful life depart, just as when a lion roars, all the small animals flee in fear.**

**- Garuda Purana,  
cited in Srimad-bhagavatam 6.2.7**

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***At night one dreams of tigers and snakes, and while dreaming he actually sees them, but as soon as the dream is broken they no longer exist. Similarly, the material world is a creation of our mental concoctions.***

**- Srimad-bhagavatam 6.15.24, purport**

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***Just try to learn the truth by approaching a spiritual master. Inquire from him submissively and render service unto him. The self-realized soul can impart knowledge unto you because he has seen the truth.***

**- Bhagavad-gita 4.34**

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***Abandon all varieties  
of religion and  
just surrender unto  
Me. I shall deliver  
you from all sinful  
reaction. Do not  
fear.***

**- Bhagavad-gita 18.66**