

**ASTRO-  
GITA**



*~ The Mini Mahabharata in Your Heart*

*by Sri Radha Govinda Dasi*

**YOUR MOON IS IN**

**ANURADHA**





# **ANURADHA**

*~ Following Radha*

**Meaning:** The star of successful  
devotion

**Symbol:** A flower on the finish line

**Deity:** Mitra – the demigod of devotion  
& friendship



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**ANURADHA**

**DESCRIPTION**





1

*The word Radha means “gifts and favors” and is derived from the word aradhana, which means “adoration and devotion.” The word Anuradha can be translated as “following Radha” or “later success”. The connection Anuradha has with Radha indicates that Anuradha people are especially motivated by love and devotion.*





2

*One of the main symbols for Anuradha nakshatra is a staff. A staff is a symbol of mystical power, protection, wisdom and learning. In the Puranic narratives, sages usually carry staffs which serve as their weapons*



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**3**

*It is believed that their staff holds all their power of penances and austerities.*

*The staff symbol indicates that Anuradha*

*nakshatra enables people to align*

*themselves with the divine will and to*

*comprehend and teach universal truths.*





4

*Anuradha's other symbol is a lotus flower, which is associated with purity, auspiciousness, knowledge and enlightenment. The lotus grows in muddy waters, but always remains above the water. This indicates that Anuradha nakshatra gives people the ability to blossom in any circumstances and to become transcendental to material consciousness*





5

*Anuradha nakshatra's deity is Mitra, whose name means "a friend". Mitra is the demigod of dedication, friendship, trust and cordiality. Mitra is responsible to protect agreements and can even enable enemies to cooperate to achieve a shared goal.*





6

*Mitra blesses Anuradha nakshatra with lightheartedness, warmth, compassion, friendliness, helpfulness and optimism. The dedication of Sri Radha to her beloved Sri Krishna is the pinnacle of Anuradha's characteristics. Radha perfects love and devotion to show that love is the ultimate and absolute truth.*





7

*Mitra also gives Anuradha people a desire to create connections and alliances with other people. They will intuitively seek out those individuals who are also friendly, open and helpful. As they are enthusiastic and cheerful they are usually liked by others.*





8

*Anuradha individuals also have significant leadership and organizational skills which enable them to gather people together for social and spiritual activities. They are strengthened by the challenges presented in life and they strive to resolve tensions by creating alliances and building lasting friendships.*





9

*While they are ambitious and goal orientated, they know how to remain balanced in their dealings with others. Anuradha people reach their highest potential when they combine their energy, efforts and talents with others.*





10

*They have a strong desire to attain inner satisfaction through creating strong fulfilling relationships with others. Therefore, they may get disappointed and frustrated when they don't find commitment, reciprocation and love from others. If they develop their faith and trust in the Supreme Lord, they will find that He gives Himself fully to those who are fully devoted to Him.*





11

*One key element Anuradha nakshatra brings into a person's life is exploration and journeys. They often like to explore through traveling to foreign countries. In general they find it easy to adjust, adapt and learn from foreign cultures and have enriching experiences.*





12

*Their journey of life is usually a joyful undertaking with others in which they achieve success through synergy of various people's abilities. Anuradha nakshatra has a profound capacity to facilitate communication, especially between seemingly opposing groups.*





13

*Anuradha people can facilitate a dialogue between groups to create cooperation and understanding. Although they are open minded, they also have sharp discrimination. Therefore Anuradha people also question, challenge and rebel against obsolete ideas and practices*





14

*Anuradha nakshatra gives people the unique talent to combine logic, intuition, open-mindedness and creativity which makes them deep thinkers. Therefore they are gifted with innovative minds which they use to synthesize their knowledge, understanding and experience*





15

*They often have a strong desire to deepen and broaden their knowledge. If they work on evolving their consciousness they can even develop an all-encompassing vision.*

*Their search for knowledge is often accompanied by a mystical interest in numerology, astrology and immortality*





16

*Anuradha people might be challenged by a flaring temper and jealousy. They may also have a deep need to receive approval for their physical appearance or the value of their work. If agreements do not proceed as they desire, they should guard against the tendency to become harsh or forceful*





17

*If they learn to make decisions based on spiritual principles and not on self-centered goals, they will maintain strong friendships, which they desire. Another challenge that Anuradha people have is that they cannot stand being hungry and will therefore find fasting a great punishment.*





18

*Anuradha people are bestowed with seriousness, dedication, discipline and a clearly defined purpose in life. They have a spiritual perspective on life. Therefore, they can discern between the superficial and the essential aspects of reality. This motivates them to understand and then transcend material consciousness*





19

*Anuradha nakshatra's special ability is "radhana shakti": the power of worship. This again emphasizes that Anuradha people can reach perfection through a spiritual path of devotion. If they channel their devotion to any form of the Supreme Personality of Godhead, they will find the deepest level of satisfaction.*





20

*Their mission in life goes beyond  
attaining personal enlightenment,  
as their ultimate purpose is to share  
their experiences and realizations  
with other people.*





21

*By reciting the mantras for their empowerment, Anuradha people can gain strength to work under pressure with steadiness, determination and persistence. They will be able to utilize their will power effectively.*



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**22**

***If Anuradha people desire to develop higher consciousness, it will help them to focus on prayer, meditation and seeking the blessings of spiritual teachers.***





23

*By following these spiritual practices, they will be able to distinguish between favorable and unfavorable activities for spiritual advancement. Then they will be able to harness their brilliant mental abilities and leadership skills towards higher goals.*



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**MOTIVATIONAL QUOTES**





**However, after capturing animals, a cunning hunter does not put faith in them, for they might run away. Similarly, those who are advanced in spiritual life do not put faith in the mind. Indeed, they always remain vigilant and watch the mind's action.**

**- Srimad-bhagavatam 5.6.2**





**A dream that we see at night is certainly false, but a horrible dream certainly affects the person seeing it. The soul's fatigue is not factual, but as long as one is immersed in the illusory bodily conception, one is affected by such false dreams.**

**- Srimad-bhagavatam 5.10.21, purport**



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**If our attachment is transferred to the Lord's service, we progress. Srila Rupa Goswami prayed to the Lord that he would be as naturally attracted to the Lord's service as young men and young women are naturally attracted to each other.**

**- Srimad-bhagavatam 5.8.15, purport**



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***Always think of Me and  
become My devotee.***

***Worship Me and offer  
your homage unto Me.***

***Thus you will come to  
Me without fail. I promise  
you this because you  
are My very dear friend.***

**- Bhagavad-gita 18.65**



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**The sound incarnation of Lord Krishna, the Supreme Soul, enters into the heart of a self-realized devotee, sits on the lotus flower of his loving relationship, and thus cleanses the dust of material association, such as lust, anger and hankering. Thus it acts like autumnal rains upon pools of muddy water**

**- Srimad-bhagavatam 6.12.10**