

**ASTRO-
GITA**



HASTA

~ Agility

Meaning: Hand, grasp

Symbol: Hand

Deity: Savita – the

demigod of sunrise

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DESCRIPTION

1

The word Hasta can be translated as “hand”, which is the part of the body that grasps, moves, manipulates and utilizes things. This symbol indicates that Hasta nakshatra makes people swift and effective, both in their thoughts and their action.

2

Alternatively it can be translated as “laughter”, because the Sanskrit root means “to laugh”. This indicates that Hasta nakshatra gives people very sharp wit and an ability to see humour in almost any situation. Its alternative names are Bhanu and Ark, which mean “Sun” and “Sun’s ray” respectively.

3

There are three main symbols associated with Hasta: a hand which is spread open, a clenched fist and a potter's wheel. In the art of palmistry, one can read the faith of a person by examining their open spread hand. Thus, this symbol emphasizes Hasta nakshatra's relation with fate.

4

The hand also indicates fine skills, craftsmanship and healing abilities. In ancient cultures, the outstretched hand was a symbol of the Sun, with the fingers representing its rays, indicating energy and ambition.

5

The clenched fist exemplifies determination, secrecy, trickery, deceit and manipulation. The clenched fist also indicates that Hasta people should guard against greed, ambition and attachment.

6

On the positive side it represents strength which is derived through unity and harmonious co-operation. Therefore, Hasta nakshatra gives people the ability to cooperate with others in order to achieve their goals.

7

The potter's wheel again highlights Hasta people's skills in the arts and handicrafts in general. It also symbolizes the passage of time, which indicates that Hasta people are often very concerned about the proper utilization of time. Hasta individuals may also be obsessed with time keeping, punctuality, repetition and productivity.

8

The deity of Hasta nakshatra is Savita, the demigod responsible for sunrise. His name has two translations, “the impeller” and “the first rays of the rising sun”. Savita is strongly connected with the process of bringing forth new life.

The first ray of sunrise makes all people aware that they should begin their day's activities.

Hasta nakshatra is thus intimately connected

with activity and alertness. The first rays of

the sun also hints at the importance for Hasta

individuals to become aware of their spiritual

nature and purposes.

10

Savita is a jovial, lighthearted and cunning person. Therefore, he influences Hasta people to be humorous, lighthearted, optimistic and creative.

11

Savita is lively, playful and interested in tricks, amusements and games.

Therefore Hasta people often have a

fascination with sports and mental

and physical games.

12

Savita is also considered to be extremely skilled with his hands, a crafty trickster, taking pleasure in lying, gambling and fraud. Thus, Hasta people love to laugh and play the joker, and may be tempted to trick, mislead or deceive other people.

13

Hasta people have a unique view on life as they can see the whole of creation as a play. They find enjoyment, merriment and laughter playing a part in it.

14

Hasta people can be described as light, swift and fast in thought and action. Their minds are perceptive, sharp and they quickly process whatever they observe.

15

In general they have a business-like approach to life and a very practical way of planning and working. When working they like to classify, order and arrange everything in logical ways.

16

They have a superb eye for detail and will work painstakingly to perfect a task. Often they may expect others to do the same and should guard against being extremely critical when their high standards are not met.

17

Hasta people have a tendency to become obsessed with their work and attaining perfection. However their efforts may not always be acknowledge or appreciated. However, in general, this does not dampen their enthusiasm or commitment to work.

Hasta nakshatra's special ability is "hasta sthapaniya agama shakti": the power to put one's object of desire in one's hands. This reveals Hasta's extraordinary ability to immediately acquire, through their skill, the object of their desire.

*The greatest object we can desire
is to have a personal meeting
with the Supreme Lord. If Hasta
people make this their goal, they
will realize how they can use their
skills to come closer to the Lord.*

20

Hasta nakshatra people are strong, gentle, sensitive, receptive, nurturing and caring.

Hasta people make warm homes and are committed and supportive to their families.

21

If they have lower consciousness, it may make them too conservative and overly attached. Hasta's nature is to be jovial, lighthearted and balanced. They can discriminate and deal with challenging situations.

It is highly beneficial for Hasta people to take to a spiritual path. Otherwise, they can easily be controlled by their lower nature, and will probably succumb to temptations like theft, deceit or other illegal activities.

They may use their intelligence merely to escape karmic problems by devious means and thereby become more and more implicated in the chain of karmic reactions. However, if they sincerely take to spirituality their intelligence will become pure and they will flourish materially and spiritually.

Hasta people need to consciously choose if they will use their agility, intelligence and skills for entangling themselves further into problems or for liberating themselves. If Hasta people meditate on the skills and expertise of the Supreme Lord in His dealings with demons and devotees, they will know how to harness and perfect their own skills.

They also have potential to be powerful speakers. If they worship the Supreme Lord, who is the master of all mystics and the wittiest of the witty, they can come to the greatest heights. Hasta people will reach their highest potential when they try to understand the all-pervasive, all-encompassing consciousness of the Divine.

HASTA

in the 3 gunas

ASTRO-
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Under the mode of ignorance, Hasta people involve themselves in activities that lead to addictions, trickery and deceit. Although an addiction is not initially planned, the nature of addiction pulls one towards it. Hasta people will find it hard to get out of an addiction.

Under the influence of passion, Hasta people try to get many things done simultaneously and end up regretting taking up so many things.

In sattva guna, Hasta people engage their talents in a positive mood towards service to others. They find a balance between the need for variety and the need for feeling accepted.

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MOTIVATIONAL QUOTES

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He [the living entity] is like a silkworm that uses its own saliva to create a cocoon and then becomes trapped in it, with no possibility of getting out. The living entity traps himself in a network of his own fruitive activities and then can find no way to release himself.

- Srimad-bhagavatam 6.1.52

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These sins are like the dried leaves of creepers beneath a bamboo tree, which may be burned by fire although their roots remain to grow again at the first opportunity.

- Srimad-bhagavatam 6.1.13-14

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***As a blazing fire burns
dry grass to ashes with
the assistance of the
breeze, may that
Sudarshana chakra burn
our enemies [both internal
and external] to ashes.***

- Srimad-bhagavatam 6.8.23



The Third Chapter of Bhagavad-Gita specifically considers material activities for the purpose of sense gratification and material activities for the purpose of satisfying the Supreme Lord. The conclusion is that these are not one and the same. Material activities for sense gratification are the cause of material bondage, whereas the very same activities for the satisfaction of Krishna are the cause of liberation. How the same activity can be the cause of bondage and liberation can be explained as follows. One may get indigestion due to eating too many milk preparations – condensed milk, sweet rice, and so on. But even though there is indigestion or diarrhea, another milk preparation – yogurt mixed with black pepper and salt – will immediately cure these maladies. In other words, one milk preparation can cause indigestion and diarrhea, and another milk preparation can cure them.

- Srimad-bhagavatam 4.30.19, purport

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If you become conscious of Me, you will pass over all the obstacles of conditional life by My grace. If, however, you do not work in such consciousness but act through false ego, not hearing Me, you will be lost.

- Bhagavad-gita 18.58