

# ASTRO- GITA



## UTTARA PHALGUNI ~ The Star of Patronage

**Meaning:** The later reddish lady

**Symbol:** Back legs of a bed

**Deity:** Aryaman – the demigod  
of vows and weddings

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**UTTARA PHALGUNI**

**DESCRIPTION**



**1**

*Uttara Phalguni can be translated as “the latter reddish lady” or “the latter fig tree”. The month of Phalguna is during the spring season in India. Therefore Uttara Phalguni nakshatra is associated with all feelings evoked by the spring season, such as romance, creation and a cheerful mood.*



2

*Uttara Phalguni nakshatra's main symbol is the two back legs of a bed, or couch used for relaxation or lounging around. This nakshatra is similar to Purva Phalguni, however there are differences. The bed or couch is indicating a connection with rest and relaxation. However, Uttara Phalguni is connected with the end of a period of relaxation, when we are recharged, mentally active and preparing for work.*

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**3**

*It relates to a person lying on a couch talking, thinking, contemplating or involved in some kind of activity like writing or reading. This indicates that Uttara Phalguni is less comfort-oriented and more focused on action. Still these people are calm and cheerful.*

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**4**

*Another symbol for Uttara Phalguni*

*nakshatra is a fully grown fig*

*tree, which signifies that Uttara*

*Phalguni has the capacity to bear*

*fruit.*



**5**

*The ruling deity for Uttara Phalguni nakshatra is Aryaman, one of the 12 Adityas (solar deities), whose names means 'dear friend'. Aryaman is seen as a deity presiding over marriage, patronage, favours and kindness.*



**6**

*Aryaman exhibits the greatest of hospitality, congeniality, social etiquette and elegance, and therefore influences Uttara Phalguni people to be a very culturally refined. In all accounts where Aryaman is present, he prioritizes and emphasizes the importance of cultivating relationships.*





**7**

*He blesses Uttara people with such qualities as grace, kindness, benevolence, consideration and receptivity, which enables them to foster deep personal relationships. Aryaman also influences Uttara Phalguni people to be very serious and committed to marriage.*

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**8**

*As they have a natural attraction to the theme of romance, they will benefit from developing an understanding of the ultimate romance, the divine love between Radha and Krishna.*



*Uttara Phalguni people's main motivation is to give support and to alleviate the suffering in society. They possess great skills in the healing arts and counseling fields. It is ideal if they can use their inter-personal skills to assist those who are in need. They can perfect their lives by spreading spiritual teachings in their community.*



**10**

*As they have the ability to befriend a variety of people, it is important that they learn to befriend the ones which will help them to grow. If they can learn to take advice from individuals who are spiritually mature and wise, they will become more successful.*

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**11**

*Uttara Phalguni people have an inherit nobility and dignity. They may have traits associated with good rulers, such as being systematic, self-assured, courageous, confident, highly ambitious and ethical.*

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**12**

*In general they are concerned and determined to following their dharma, fulfill their duties and achieve their assigned goal. It is of high importance for them to uphold their promises and complete any task they have dedicated themselves to.*



**13**

*Uttara Phalguni people often have typical father figure characteristics. While they may be strict, straightforward, firm, or even harsh and unhesitating in their dealings, they also can be protective, nourishing and benevolent. Uttara Phalguni people in general want to serve but only from a position of superiority.*



*They are independent individualists who turn inward to gain knowledge and inspiration from their soul. Thus they have the ability to rise above the sea of mass consciousness. However, they should guard against their expression of self-confidence that may turn into selfishness, pride or bragging.*





**15**

*Uttara Phalguni people are natural teachers and preachers. They have other strong qualities, such as anger, valour, aggression, fearlessness, and the urge to conquer and compete. Therefore they should guard against being overly ambitious and autocratic.*



**16**

*If they work on elevating their  
consciousness they will become more  
forgiving, and they will prioritize  
upholding harmony and honor rather  
than being victorious.*

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**17**

*The ideal for Uttara Phalguni people is to focus their energy towards noble causes which will benefit others. This will lead them to the greatest accomplishments and positions of power or strength.*



**18**

*When Uttara Phalguni people become evolved, they realize that despite their ambition and intense involvement with the world, they also have the ability to be austere and detached. They can perfect their lives by following Krishna's advice to Arjuna, which is found in the Bhagavad-gita.*



*Krishna explains to Arjuna that real renunciation entails the continuation of work to fulfill all one's responsibilities, while being detached from the outcome. Ideally, they can work and offer the results to Krishna, and thereby become transcendental.*



**20**

*Uttara Phalguni nakshatra's special ability is "chayani shakti": the power of accumulation and prosperity. This indicates that this nakshatra may bestow gains through family, partnerships and unions. Therefore it is Uttara Phalguni people's highest duty to utilize these resources properly, being generous and fair in their distribution.*



**21**

*Uttara Phalguni nakshatra people are bestowed with discrimination, sharp intelligence, clear perception and sound judgment. They are organized, practical and achieve their goals while also supporting others. They may have a humorous and lighter energy.*



**22**

*They have a profound connection between the soul and intellect. Uttara Phalguni people have a unique ability to utilize their intellect to gain spiritual knowledge so they can pursue the true desires of their soul.*





**23**

*If they always abide by spiritual principles and morality, they will always be protected. They can overcome their tendency to be controlling if they come to understand that everything belongs to the Lord, that He is the supreme controller, that He knows everything and that He is directly involved in their lives.*



**24**

*If they meditate on the verses which glorify the Supreme Lord's friendly relations with His devotees, they will also become closer to the Lord. It will be beneficial for them to develop a deeper understanding about the Lord's relationship with His devotees so that they can cultivate a personal relationship with the Lord.*



**25**

*If they establish an intimate relationship with the Lord, they can experience that all their other relationships will be enhanced. The Lord can then empower them to serve their family, friends and society, and contribute towards creating a peaceful environment.*

# UTTARA PHALGUNI

*in the three gunas*

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In **tamas**, Uttara Phalguni people take their need to be calm as an excuse to become intellectually and physically lazy. They fantasize about great projects without making any efforts.

In **rajas**, Uttara Phalguni people tend to make changes to their lives without proper contemplation. In the long run, this creates imbalance in their minds and lives.

In **sattva**, Uttara Phalguni people contemplate the purpose of life and act on long term goals in a steady and progressive way.

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**UTTARA PHALGUNI**

**MOTIVATIONAL QUOTES**

# UTTARA PHALGUNI

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**In our material existence, under the influence of illusory maya, we have almost forgotten our eternal relationship with the Lord, exactly like a man sleeping very deeply who forgets his duties. In the Vedas it is said that every one of us is sleeping under the influence of maya. We must get up from this slumber and engage in the right service, for thus we can properly utilize the facility of this human form of life.**

**- Srimad-bhagavatam 4.20.25, purport**

# UTTARA PHALGUNI

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**Sometimes children want to imitate their mother and cook in the kitchen, and at such a time the mother supplies them with some toys so that the children can imitate her cooking. Similarly, when some of the living entities want to imitate the activities of the Lord, this material cosmic manifestation is created for them by the Lord.**

**- Srimad-bhagavatam 4.24.63, purport**

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*The Supreme Lord is situated in everyone's heart, O Arjuna, and is directing the wanderings of all living entities, who are seated as on a machine, made of the material energy.*

**- Bhagavad-gita 18.61**



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*To those who are constantly devoted and worship Me with love, I give the understanding by which they can come to Me.*

**- Bhagavad-gita 10.10**

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***The thoughts of My pure devotees dwell in Me, their lives are surrendered to Me, and they derive great satisfaction and bliss enlightening one another and conversing about Me.***

**- Bhagavad-gita 10.9**