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PURVA PHALGUNI

~ The Fruit of the Tree;
Romantic Enjoyment

Meaning: Reddish lady

Symbol: Front legs of a
bed

Deity: Bhaga – the demigod
of love and marriage

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PURVA PHALGUNI

DESCRIPTION

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PURVA PHALGUNI

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Purva Phalguni can be translated as “the former reddish one” or “little fig tree”. All the traits which are commonly associated with red, such as romance, passion and anger, also relate to the Purva Phalguni nakshatra.

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The “little fig tree” translation indicates Purva Phalguni nakshatra’s connection with procreation and creativity.

People of Purva Phalguni nakshatra are emotional, attractive, friendly and shy. They have unique ‘get up’, and are committed. They can easily be affected and if not checked they can even feel depression.

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The main symbol for Purva Phalguni nakshatra is the front legs of a couch or sofa bed, which is used for daytime relaxation or resting. This symbol suggests that seeking comfort and enjoyment is central to the nature of this nakshatra.

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Purva Phalguni nakshatra indicates that people desire time to relax, rest, rejuvenate and renew their energy. Thus Purva Phalguni nakshatra has a strong connection with the forces of renewal and creation

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The main deity for Purva Phalguni nakshatra is Bhaga, one of the twelve Adityas (solar deities). Bhaga is also sometimes referred to as “the morning star”, and his name means something close to “delight”. Vedic scriptures state that Bhaga can bestow rest, relaxation, enjoyment, pleasure and affection.

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Bhaga has a strong relationship with easy going enjoyment, luxury and comfort while he also has an obsession with physicality and romance.

Bhaga also protects marital happiness and bestows family inheritance. Therefore Purva Phalguni nakshatra makes people focused on recreation and obtaining pleasure.

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They may also be very concerned about their appearance. In general, as long as they are comfortable, especially physically, they remain care free. The majority of time, they have a childlike faith that God will provide for their needs.

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As they highly value their comfort, generally they will not be overly ambitious. They might be more enthusiastic about pursuits which require little physical discomfort. Usually they are satisfied to be idle about the office, in the art studio, being social and entertaining others.

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They will spend most of their mental and physical energy trying to make themselves comfortable or exploring their own personal feelings, thoughts and emotions. Purva Phalguni nakshatra is also directly related to the Shiva linga. The Shiva linga is a regenerative symbol, representing creation and continuation of life.

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Purva Phalguni nakshatra is thus influenced by the creative and delightful aspect of Shiva.

Thus it fosters any kind of growth and gives creativity and brilliant skills in the fine arts.

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Purva Phalguni people should be aware of not becoming too self-absorbed.

When we are exhausted and desire to rest, our only concerns are “me” and

“I”. This mood can easily be imbibed by

Purva Phalguni people, which can make

them dramatic. Desiring to be noticed,

they’re also often theatrical. Thus they

should guard against being pretentious.

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PURVA PHALGUNI

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At the same time Purva Phalguni people are very social and desire to blend in with the rest of the crowd. Therefore they often have amazing flexibility when it comes to adapting to the prevailing social norms. Purva Phalguni people are the ideal friends to appreciate the finer enjoyments in life with.

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PURVA PHALGUNI

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PURVA PHALGUNI

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They can function well in social environments as they can be warm, supportive, caring, generous and charming. As they are affectionate and attractive, they have the ability to influence others, especially with their communicative skills.

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The weakness of Purva Phalguni people is to become very angry when they feel neglected or when their rest, relaxation or amusement is disturbed by others. They tend to be easily upset and may become very aggrieved

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Disturbing a Purva Phalguni person's comfort zone is akin to disturbing a sleeping lion. It would therefore be beneficial for them to work on being less absorbed with their personal needs. Purva Phalguni nakshatra's special ability is the "prajanana shakti" - the power to procreate. Purva Phalguni nakshatra can bestow the ability to be innovative and creative through many forms.

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Purva Phalguni people have the ability to give oneself fully to another person.

At the same time, they may have a desire to promote self-interest, which is directly conflicting with the desire to lose oneself

to another in love. Therefore Purva

Phalguni people may experience inner

conflict as they strive to balance

self-actualization with pursuing love

and harmony.

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They need to decide how much of the self should be sacrificed in order for love and harmony to find their rightful place. Purva Phalguni people are creative. Therefore, even if they experience inner turmoil they can still be creative and constructive.

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Purva Phalguni nakshatra is also described as “marriage mansions”. It bestows deep desire and ability to experience romance.

Ultimately, what will benefit them the most is if they can look into the true meaning of love and the origin of love.

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Although they may be blessed with a deeply satisfying marriage, they will also probably have children and will thus have to learn to sacrifice their own needs. All happiness they can experience in their relationship is a reflection of the transcendental eternal happiness which exists in the spiritual realm. Regardless of how ideal and satisfying any of their romantic relationships may be, it will come to an end.



If Purva Phalguni people can establish a close relationship with the Supreme Lord, they will experience eternal bliss and love.

When they are deeply attached to the Lord, the Lord also becomes attached to them and always remains in their hearts.

Therefore, one of the main goals in their lives is to realize that spiritual relationships are much more rewarding and eternal.

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PURVA PHALGUNI

in the three gunas

In tamas, they can become influenced by quick relief through drugs and alcohol. They tend to lament for unnecessary reasons and feel depressed quickly.

In the mode of passion, they may assume they are always right, rushing towards action after making plans. When things do not end as expected, they can become very sad, delaying further plans, making everything slow.

In the mode of goodness, they take time to plan well and take other expert opinions. With a one pointed focus, they move towards their goal, using their skills and strong opinions in taking balanced and timely decisions.

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MOTIVATIONAL QUOTES

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Sometimes we find that little insects are attracted by the brightness of fire and thus enter into it. Similarly, the two eyes of the living entity are attracted by bright and beautiful forms. They are entangled in these forms, exactly as the insect becomes attracted to fire.

-Srimad-bhagavatam 4.29.10, purport

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In different types of bodies, the living entity enjoys various senses, and through creating various types of facilities, he chews the chewed. Whether we squeeze sugar out of the sugarcane with our teeth or a machine, the result is the same sugarcane juice. We may discover many ways to squeeze the juice out of the sugarcane, but the result is the same.

-Srimad-bhagavatam 4.27.14, purport

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PURVA PHALGUNI

***After attaining Me,
the great souls, who
are yogis in devotion,
never return to this
temporary world,
which is full of miseries,
because they have
attained the highest
perfection.***

-Bhagavad-gita 8.15

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**Being freed from attachment,
fear and anger, being
fully absorbed in Me and
taking refuge in Me, many,
many persons in the past
became purified by
knowledge of Me and
thus they all attained
transcendental love for
Me.**

-Bhagavad-gita 4.10