

**ASTRO-  
GITA**



# PUSHYA

~ The Star of Renewal

**Meaning:** Flowering, nourishment

**Symbol:** Lotus

**Deity:** Brihaspati – the priest of the

demigods and the embodiment of prayer

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**DESCRIPTION**



**1**

**The name Pushya is a derivative of the Sanskrit word “pushti”, which means “nourishment”, “care” and “the process of blossoming”. There is a motherly, loving and devotional overtone to the word Pushya. Other ancient names of Pushya in the Rig Veda are Sidhya (“perfected being”) and Tishya (“the auspicious celestial Archer”).**



*Pushya nakshatra's primary symbol is a lotus, which according to scriptures is the most beautiful flower and a symbol for spirituality. Another symbol of Pushya is the udders of a cow, which conveys their ability to nourish like a mother.*



**3**

***The presiding deity for this sign is Brihaspati, the priest of all the demigods. A priest is a person who facilitates our connection to the divine. According to the Bhagavad-Gita, Brihaspati is the most ideal priest as he masterfully conducts religious rituals and hymns.***



***There is an account that Brihaspati***

***compassionately nourished and***

***cared for the child Buddha,***

***although it wasn't his own child.***

***People with Pushya nakshatra***

***generally have a generous,***

***protective, yielding, helpful,***

***caring, kind and nurturing nature.***



**5**

***Pushya people may be influenced by auspiciousness and the ability to expand projects. All these endearing qualities make Pushya people very lovable to their friends and family.***



**According to Vedic astrology, Pushya is the most fortunate and auspicious of the twenty-seven nakshatras. Those who are under the influence of this nakshatra are very religious and spiritual with boundless devotion. Although they may be philosophical, they usually adhere to conventional faiths and practices.**





***Pushya people are sincerely concerned about the well being of their family, friends and community. Thus they are often very benevolent philanthropists and humanitarians. They will give their energy to serve and protect other people. They often feel responsible for others and try to address issues related to their community.***



***Although they are socially vibrant, Saturn endows them with the required balance, courtesy and poise. In their dealings with others they often display an aura of balanced calmness and patience.***



***Due to their strong maternal instincts and priestly virtues, they will very rarely be indecent, vulgar or somehow unethical. When they see that others are in need, they will assist them calmly, respectfully and with warm hospitality.***



***Due to their abilities to create, build and expand, they are very concerned about being good family members. It is of high importance for them to create a loving and nurturing home environment. When they don't have their own family around, they will take of others as if they were their own children.***



***As it is an essential part of their nature to nurture, they also appreciate good food and a good living for themselves. They may have abundant wealth, but whether they have or not they always remain generous. Although they may possess great wealth, they will only find complete fulfillment if they use their wealth to serve the true owner and giver of all opulence's, God.***



***In general, they desire to share their inner wealth, so they frequently become teachers, preachers and professors. In their careers, they work towards their goals with patience, perseverance and concentration.***



***Despite their vast collection of positive qualities, they may have some minor negative traits. Due to their strong adherence to a strict religious path, they may become orthodox, prejudiced or narrow-minded.***



***At worst they may become dogmatic, headstrong fundamentalist believers. Due to their protective mannerism, they may turn out to be fiercely possessive. However, if they commit themselves to a genuine spiritual path with humility, they will easily overcome these tendencies.***





***If they can realize that knowing and following the rules alone does not give inner fulfillment, they will overcome their religious pride. It is of utmost importance for Pushya people to have a fulfilling and purposeful life.***



**Although they will find fulfillment if they dedicate themselves to humanitarian projects, they will still feel a lack of satisfaction. In order for them to perfect their desire to serve, they need to connect to the Paramatma (the presence of God as the Supersoul) within their hearts. When they do so, the Paramatma will guide them towards perfecting their service to others.**



**The more they strengthen their relationship with their Guru (spiritual teacher) and practice devotional service to God, the more they will experience boundless joy.**

**Pushya nakshatra has an immense spiritual energy which gives these people an extraordinary ability to pray. As they desire strongly to nourish and care, they should approach the supreme nourisher, provider and care taker, God.**



***They will also benefit greatly if they use daily prayer to nourish and strengthen their relationship with God. Once they have built a strong relationship with God through prayer, they will experience that God can reveal to them all answers to their questions in life. They will find that a life of prayer and surrender will enable them to transcend the material world.***



***One important lesson for Pushya people is to realize that all relationships in the material world will come to an end. Because they have a profound attachment to their friends and family, they may experience intense pain through relationship disappointments.***



***It will benefit them greatly if they come to see that ultimately only the supreme Lord can reciprocate and appreciate fully what they can offer. When they experience rejections from others, they can see it as an opportunity to turn towards God. Ultimately, their suffering and loneliness is the way that God, the supreme lover, calls them to his eternal and blissful embrace.***



When Pushya people allow themselves to be covered by tamas, they become sluggish and distant from everyone. They tend to focus on ignorant topics and lose their time and energy feeling morose in the later part of their lives.

In passion, Pushya people exaggerate the need to care for others and go beyond their capacity until they finally feel disappointed.

In goodness, Pushya people become ready to detach themselves from results and they perform very well in social work. They participate selflessly in organizational progress, resulting in feeling blissful in service and ready for liberation from this material world.

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**MOTIVATIONAL QUOTES**





**Great personalities of power and opulence never become proud, and the example is given that a tree which is full of fruits and flowers does not stand erect in pride but instead bends downwards to show submissiveness. This is a sign of the wonderful character of great personalities.**

**-Srimad-bhagavatam 4.21.5, purport**



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*When an aggrieved  
person sees the  
lotus face of the  
Supreme Personality  
of Godhead,  
immediately all  
his grief is reduced.*

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*-Srimad-bhagavatam 4.8.23,  
purport*



***Yogis endeavor to control the senses, but for a devotee, controlling the senses is no difficulty at all. The senses are compared to serpents, but for a devotee the serpents' poison teeth are broken.***

***-Srimad-bhagavatam 4.12.8, purport***



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***The thoughts of My  
pure devotees dwell in  
Me, their lives are  
surrendered to Me, and  
they derive great  
satisfaction and bliss  
enlightening one another  
and conversing about  
Me.***

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***-Bhagavad-gita 10.9***



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***My dear Arjuna, only  
by undivided devotional  
service can I be understood  
as I am, standing before  
you, and can thus be  
seen directly. Only in  
this way can you enter  
into the mysteries of  
My understanding.***

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***-Bhagavad-gita 11.54***