

**ASTRO-
GITA**



PUNARVASU

~ The Star of Renewal

Meaning: Reigniting

Symbol: An arrow returned to the
quiver

Deity: Aditi – the universal mother
and mother of the Adityas

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PUNARVASU

DESCRIPTION





1

The word punar means “again”, and vasu means “bright”. So Punarvasu can be translated to “becoming bright again” or “reigniting”. Alternative translations for Punarvasu are “good again”, “wealthy again” or the “visible infinity”.



2

Punarvasu indicates continuation in cycles, patterns and in repetition. It is also related to revival, renewal and restoration. There is also an impression of positive transformation from darkness into light. Therefore Punarvasu nakshatra is related to all kinds of spiritual practices leading to self-realization and enlightenment.



3

The greatest revival Punarvasu people can experience is to revive their dormant relationship with the Supreme Person. When they start to turn their energy towards God, they will experience how their entire lives and all their relationships brighten up.



4

The main symbol of Punarvasu nakshatra is a “quiver full of arrows”. The symbol is related to the arrow of desire, arrow of ambition and the arrow of time. Arrows are always associated with movement, striving, and a fixed target.



5

The arrows associated with Punarvasu nakshatra are celestial weapons, used in ancient times, which could return to the bow after fulfilling their function. Punarvasu people are blessed to return safely from any mission they undertake.



6

***This again connects
Punarvasu nakshatra with
the concept of renewal,
regeneration and endless
beginnings. Therefore the
arrows indicate that
Punarvasu people have
significant energy and
resources at their command.***



The deity of Punarvasu is Aditi, the divine mother of the twelve Adityas. Aditi can be translated as “unbounded”, and she is often seen as the goddess of abundance. Aditi influences Punarvasu people to be maternal, caring, sensitive, reasonable and accommodating.



Like a true mother would accommodate all her diverse children, a Punarvasu person is very accommodating of people, situations, circumstances and energies. The Adityas represent truth, beauty, aristocracy, nobility and purity. Thus Punarvasu people are also characterized by these mentioned virtues.



Punarvasu nakshatra also is the birth star of Lord Ramacandra, who is a divine avatar of Krishna. Ramacandra, as the ideal son, husband and king, showed insurpassable righteousness.



Punarvasu people feel that they are 'old souls' who have experienced all the flavors of the limited enjoyment gained from romance, family and career pursuits. Realizing that the material possessions cannot satisfy their deepest desires, they are content with a simple life. They come into this life time with maturity and a desire to find lasting fulfillment.



The essence of a Punarvasu person's nature can be summarized as "nurturing" and "harmony". Punarvasu nakshatra represents the first light after the storm, when the earth has been rejuvenated and people and animals feel joyful.



Just like the rain, Punarvasu nakshatra brings renewal and makes people content, peaceful and easily satisfied. They believe in living a simple, spiritual life while striving sincerely to overcome negative energies, feelings or thoughts. Their confidence and optimism enables them to overcome many difficulties.



As Punarvasu brings renewal and regeneration, they will be protected when they pass through dangerous situations.

As they are motivated by excitement and challenges, they appreciate traveling but also have a strong need for having a stable home and family to return to.



They have a unique ability to balance emotional and intellectual intelligence, which gives them a very active, profound and colorful imagination. Therefore they can excel in arts like poetry and writing.



Punarvasu people usually have loving relationships with others, as they are benevolent, caring and protective. They prefer honesty and simplicity in dealings, while avoiding people who are complicated and twisted.



The more these people share with and support others, the more prosperous they will become in all respects. In general they are reasonable, patient and forgiving towards others. Therefore they will not hold grudges or harbor negativity towards others.



Due to their lack of interest in material progress, they may be indecisive and directionless, which may lead them to feel depressed. They have to be cautious of stagnation as they may lack the drive and focus required to attain their goals.



When they become demotivated, they will rationalize their inactivity by making statements such as “What’s the use?”, “Why bother?”

However if Punarvasu people become more evolved, they will find the capacity to achieve their goals despite any difficulties or challenges. Just like an arrow fired by a good Bowman, the evolved Punarvasu types never miss their mark.



The ideal way for them to overcome their tendency towards depression is to find inner fulfillment through pursuing self-realization. Self-awareness and self-purification come naturally to them, so if they pursue this with the goal of coming closer to God, they will find lasting inner joy.



As Punarvasu nakshatra is directly connected to renewal, they will benefit greatly if they connect with the ultimate source of renewal, which is God. By meditating on the verses glorifying the Lord's potency to remove ignorance from the minds of the people and restore their knowledge, they will become spiritually rejuvenated.



Punarvasu people have a strong sense of ethics and a concern with others well-being. These people are extremely accommodating and reasonable. Punarvasu nakshatra's special ability is "vastuva prapana shakti", the power to gain or retrieve objects or objectives. This indicates that Punarvasu people are blessed with limitless inner resources and ability for unlimited accomplishments.



If they use their talents, philosophical minds and motivation to gain spiritual knowledge, they will find complete satisfaction. If they do so, they will experience in this lifetime a return to purity and innocence. They will also experience that if they use their generosity to serve spiritual goals, the Lord will bless them with more opulence and spiritual realizations.



Punarvasu people can find the clarity which they desire by meditating on the verses for their empowerment, and verses in general which describes the Supreme person as the all-powerful one who descends to protect His devotees.



As The Lord is merciful, He accepts even the smallest of offerings as great sacrifices if it is brought to Him with love. This indicates to Punarvasu people that God does not require any grand action or offering from them. To gain His favor, all they need to do is focus on the quality of their consciousness and use their inherent purity to serve Him.



If they continue to strengthen their good qualities and nourish their spirituality, their life path and goal will become clearer to them. Punarvasu people are seeking something or someone to give them unconditional love. The Lord is the perfect lover whom all people are seeking for, and He is hankering for them to return to Him.



If Punarvasu people do not utilize their nature to be there for others, acting instead under the mode of tamas, they become hostile, inimical and try to stay alone, avoiding socialization.

In passion, they tend to become perturbed when others do not listen to them or respect them as they desire. Unable to forgive others and to move on to be themselves, they may feel stuck feeling disturbed and worried.

In sattva, they move to being who they are, helping others without concern for receiving gratitude or respect in a way they may desire. They see life as a lesson for them to become humble and enjoy being of service to others. This causes them to feel great satisfaction and support from the higher powers.

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MOTIVATIONAL QUOTES



There are two types of punishment: one is that which a conqueror imposes on an enemy, and the other is like that a father imposes on his son. There is a gulf of difference between these two kinds of punishment.

Srimad-bhagavatam 4.7.2, purport



***In our material existence,
under the influence
of illusory maya, we
have almost forgotten
our eternal relationship
with the Lord, exactly
like a man sleeping
very deeply who forgets
his duties.***

Srimad-bhagavatam 4.20.25, purport



The father knows the necessities of the son and supplies them, and the Supreme Lord knows the necessities of the living entities and supplies them sumptuously.

Srimad-bhagavatam 4.20.31, purport

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**To those who are
constantly devoted
and worship Me with
love, I give the
understanding by
which they can come
to Me.**

Bhagavad-gita 10.10



***Being freed from attachment,
fear and anger, being fully
absorbed in Me and taking
refuge in Me, many, many
persons in the past became
purified by knowledge of
Me—and thus they all attained
transcendental love for Me.***

Bhagavad-gita 4.10