

**ASTRO-  
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*~ The Mini Mahabharata in Your Heart*

*by Sri Radha Govinda Dasi*

**YOUR MOON IS IN**

**ARADRA**

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**ARADRA**

~ The Storm

Meaning: Soaked

Symbol: Storms; raindrops

Deity: Rudra form of Shiva – the

demigod of storms and destruction

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**ARADRA**

**DESCRIPTION**



**1**

*The basic meaning of Aradra is*

*“wet” or “soaked with water”.*

*Aradra signifies that there is a*

*storm a person needs, so that*

*their nature can once again become*

*pure, clean and brilliant.*

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**2**

*Aradra can also be translated as “green”, “fresh”, “the moist one”. All these words create a strong image of renewal. The word “moist” is related to water, and can refer to morning dew, mist or rain. The rain refreshes and cleanses the earth while making vegetation green and lush.*



**3**

*Aradra nakshatra is connected to a renewal and transformation. Moist can also refer to tears, which are related to intense emotional feelings, and the release of sorrow. It could refer to sweat, which indicates intense experiences.*

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**4**

*These symbols reveal that Aradra people may go through intense experiences, but these are of short duration and serve to mold them to perfection. One symbol for Aradra nakshatra is a storm, which is intense but short, like a thunder storm. The storm indicates a dark night of turmoil which is followed by a bright new dawn.*

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**5**

*Aradra people may experience storms in their lives. However, if they can detach themselves from the past, they can withstand the storm and emerge renewed and rejuvenated. The Aradra star represents reflection and overcoming material suffering. This star wants to reveal to individuals the temporary nature of the material world.*



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**6**

*Another symbol for Aradra nakshatra is a diamond, which is formed from coal that has experienced extreme heat and pressure for millions of years. Similarly, Aradra people can become illustrious if they can face their challenges with maturity, patience and determination.*



**7**

*The diamond also indicates that if Aradra people endeavor sincerely, they can extract the shining and brilliant jewel of knowledge. Diamonds are symbols for brilliant, multi-dimensional mental and intellectual abilities, which are related to this nakshatra.*

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**8**

*As a diamond's luster depends on the amount of light falling on it, Aradra people's brilliance of mind depends on the amount of spiritual light they pursue. Diamonds are also the hardest known substance on earth, and can cut through almost anything. This reveals that Aradra people can be unyielding, determined, sharp and piercing.*



*These qualities give Aradra people deep perception and enable them to get to the root cause of any matter. Shiva in his form of Rudra is the presiding deity of the Aradra nakshatra. Lord Shiva is also an unconventional character, very independent and courageous.*



**10**

*Aradra nakshatra people often reflect the characteristics of Shiva.*

*Rudra can be translated as “the*

*ruddy red”, “the transformer” or*

*“the howler”.*



*Rudra is also seen as the storm god, connected to commotion, upheaval, destruction and transformation. He creates chaos, disorder, confusion, anarchy and havoc. However, when Aradra people experience turmoil, it always places them on the path of progressive transformation.*

*Storms can be seen as an expression of nature's intensity and this again shows Aradra's intense nature and feelings. Shiva is described to be Ashutosha, which means he is easily pleased but also easily angered.*



*Aradra people carry this trait of Shiva in that their emotions can move from one extreme to the other. This is due to their lifelong child-like nature, which makes them innocent, spontaneous and unconscious of their emotional displays. This child-like energy makes them spontaneous, creative and innovative. At the same time, it contributes to their desire to be alternative and independent.*



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**14**

*Due to their innocence, they easily see the good in others. Like children, they are sensitive and can easily be hurt and upset. This however gives them empathy and compassion to those who are suffering or struggling. Therefore they have ability to befriend almost anyone and may have many acquaintances*

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**15**

*As they have a need to bond and feel connected with other people, they seek out social gatherings. However, they may find it challenging to have deep connections with others.*



**16**

*When they are inspired and interested in their careers they can work very hard. They are also confident about their abilities and are resourceful. As they get bored easily, they prefer to have continuous changes or new challenges. This may lead them to have several diverse career interests.*



**17**

*Aradra people also have a unique way of analyzing, which enables them to present unconventional views. They also are blessed with sharp memories and can recall information easily.*



**18**

*Throughout their entire lives they may also be contemplative and driven by a desire to obtain more knowledge. This is due to their very curious nature and strong desire to comprehend the laws of the universe. Therefore they always seem to be dissecting and researching to satisfy their active and probing minds.*



*As their real desire is to gain understanding, they observe others and themselves with detailed perception. As they are often somewhat naive, they will voice their findings in a very straightforward way. This may make them seem critical, impolite and inconsiderate.*

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**20**

***Their independent and childlike nature makes them uncomfortable with strict and confining rules and regulations. Like young obstinate children, they don't like to be told what to do.***

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**21**

***They dislike being bound by rules, desiring freedom and space to make their own decisions. Therefore they should guard against becoming stubborn, reckless, and irresponsible. If they fail to develop maturity, they may waste their abilities and skills on useless 'fun' pursuits.***



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**22**

*Although they usually desire to do activities with friends, they are often alone as they struggle to make compromises to accommodate others. As they are innocently ignorant of their behavior, they don't see how attached they are to their own comfort and ideas.*

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**23**

***They are often unconscious of how their behavior may cause inconveniences to others. It will be beneficial for them if they can become more aware of how their actions affect others.***

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**24**

***Aradra people have a strong intellect. They can be efficient with communication, analyzing and hand skills. They can be humorous, versatile and be fast at reasoning.***

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**25**

*Just like a diamond, an Aradra person's mind is usually piercing and multifaceted. Aradra people should be cautious of using their sharp intellectual abilities for selfish or harmful goals.*



*When they become more evolved, their minds can connect with spiritual truths, which then enable them to cut through all illusions. Then they develop the ability to connect their minds with the spiritual realm and can see everything from a spiritual perspective.*



*Aradra people may often experience an inexplicable hankering or sadness. This is due to their tendency to innocently desire and pursue material achievements and acquisitions. Upon achieving their material goals, they will find that it does not satisfy them, which will lead to despondency.*



*The dissatisfaction can inspire them to pursue a spiritual path which brings lasting satisfaction. Thus when they experience a feeling of emptiness, they should aspire for inner contentment and spiritual fulfillment.*



*If they desire to transcend this world, they will need to follow an authorized sampradaya (a set of spiritual teachings). To follow a genuine spiritual practice requires that they sincerely follow a guru with gratitude.*





**30**

*Once they seriously follow a spiritual practice, they need to balance it with fulfilling their duties towards their dependents. They can depend on their spiritual master and shastra (scriptures) for instructions and guidance.*



*From shastra we see that devotees were saved from difficulties when they prayed to the Lord for help. When the demon Hiranyakshipu tried to kill his son Prahalad, Prahalad prayed and was ultimately saved by Narasimhadeva. Therefore, if Aradra people pray to any of Krishna's avatars, He will take personal interest in them and help them transcend all their inner turmoil.*



*Meditating upon the verses, which glorify the Lord as the remover of distress, empowers Aradra people with immense strength to overcome all of life's challenges. When the Lord appears as a swan in the Hamsa avatar, He comes especially to enlighten the mind of Aradra individuals, so they can see beyond the difficulties presented in life.*



*Chanting the verses which glorify Lord Matsya, can give them the insight to transform their 'dark night of the soul' experiences into a fulfilling journey of self-discovery. Matsya represents the subconscious mind, thus chanting these verses protects them from destructive behavior.*



In the mode of ignorance, Aradra people may use their energy to destroy relationships by harsh and destructive words, or punish themselves unnecessarily in ignorant ways like doing severe austerities or even taking shelter in drugs.

In the mode of passion, Aradra people become enraged with all the wrong things they see around themselves and try to act out of impulse, without thinking well of the consequences. This results in a lack of support and favor from people for their ideas and projects. They may tend to feel alone and left out at some point, until they can correct this tendency.

In the mode of goodness, Aradra people become very productive without wasting time. They work from within to create the harmony in the world they so seek to bring about, thereby experiencing higher levels of satisfaction.

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**MOTIVATIONAL QUOTES**

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**The great ocean of material nature is tossing with the waves of time, and the so-called living conditions are something like foaming bubbles, which appear before us as bodily self, wife, children, society, countrymen, etc. Due to a lack of knowledge of self, we become victimized by the force of ignorance and thus spoil the valuable energy of human life in a vain search after permanent living conditions, which are impossible in this material world.**

**- Srimad-bhagavatam 2.1.4, purport**

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***The best lawyer gives evidence from the past judgment of the court without taking much trouble to establish his case. This is called the parampara system, and learned authorities follow it without manufacturing rubbish interpretations.***

**- Srimad-bhagavatam 2.10.51, purport**



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***Just try to learn the truth by approaching a spiritual master. Inquire from him submissively and render service unto him. The self-realized soul can impart knowledge unto you because he has seen the truth.***

***- Bhagavad-gita 4.34***

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*I am seated in everyone's heart, and from Me come remembrance, knowledge and forgetfulness. By all the Vedas am I to be known; indeed I am the compiler of Vedanta, and I am the knower of the Vedas.*

**- Bhagavad-gita 15.15**

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***This knowledge is the king of education, the most secret of all secrets. It is the purest knowledge, and because it gives direct perception of the self by realization, it is the perfection of religion. It is everlasting, and it is joyfully performed.***

**- Bhagavad-gita 9.2**