

# ASTRO- GITA



~ The Mini Mahabharata in Your Heart

by Sri Radha Govinda Dasi

**YOUR MOON IS IN**

**BHARANI**

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## BHARANI

~ bearing the burden

**Meaning:** Bearing children

**Symbol:** Yoni or downward-triangle

**Deity:** Yamaraja - the demigod of death

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**BHARANI**

**DESCRIPTION**

# BHARANI

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## Description #1

The name *Bharani* comes from the word *bharana*, which means, “to maintain, bear or support”. *Bharani* can therefore be roughly translated into either “bearing” or “she who bears”. This indicates that *Bharani* nakshatra is related to the feminine qualities as the capacity to receive, hold, nurture and destroy.

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## Description #2

*Bharani nakshatra's main symbol is the yoni, the female sexual organ. Alternatively, all the female reproductive organs can be seen as the symbols of this nakshatra. In many ancient cultures these organs were symbolic for fertility, creation, birth, death, forbearance, struggle, sacrifice, nurturing and maternal love. Bharani is connected with all these archetype female qualities.*

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## Description #3

*As a new child is carried, nurtured and hidden within the womb, a Bharani nakshatra as the ability to secretly nurture, create and give birth to ideas. Another symbol for Bharani is “a boat”, which indicates traveling between different planes and realms of existence. Bharani is therefore directly related to the process of birth, death and regeneration.*

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## Description #4

*The main shakti (energy or ability) of Bharani is the great potential to bring new energy and new life into the world. This sign is compared to a pregnant mother, who will deliver a new child at the cost of the great labour pains.*

*Therefore in order to make their great contribution they will have to endure and overcome some challenges.*

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## Description #5

*They have the strength to overcome their challenges as they are strong-minded, deeper thinkers, honest, skillful and are able to remain optimistic and cheerful. Even when they may feel emotionally burdened, they can remain composed, self-controlled and determined to succeed.*



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## Description #6

Lord Yamaraja (demigod of death) is the ruler of the Bharani nakshatra. He is one of the eight gate keepers who can allow the soul to move from the earthly realm to higher realms of existence. Therefore he is the person who evaluates karma and dharma, and accordingly clarifies our next life and destination.

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## Description #7

*Bharani nakshatra is also connected with developing discrimination to know the difference between right and wrong, and to uproot all our undesirable qualities. Yamaraja is surprisingly a very jovial personality and influences Bharani nakshatra to create lightheartedness, playfulness and joyousness. Lord Yamaraja appears in our lives at the end of a cycle.*

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## Description #8

*The presence of Yamaraja indicates that the purpose of this star is to end the search for happiness in superficial pursuits. This star gives individuals an opportunity to experience the futility of sense gratification which can motivate them to search for substantial satisfaction in spirituality.*

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## Description #9

*Bharani nakshatra influences one to exhibit extreme behavior, moving between polar opposites like ignorance and wisdom, maturity and immaturity, life and death. Bharani nakshatra connects people with a strong desire to experience as much as life can offer.*

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## Description #10

*Bharani people approach life with enthusiasm and energy, feeling it is an adventure. Once they are on a set path they will fully embrace it and explore all the possibilities to find the most intense and extreme experiences.*

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## Description #11

*Bharani nakshatra also gives people childlike qualities such as eagerness, innocence, openness and imagination. They have a strong desire to create and by meditating upon the Supreme Lord's creative energies, they can become empowered to intensify and expand their own creativity.*

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## Description #12

*Like children, these people are often lead by their hearts and not their heads. Their childlike nature makes them open to learning, but may also make them irresponsible. Therefore it's beneficial for these people to become aware of how their actions influence others and what the long term consequences of their actions will be.*

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## Description #13

*In a relationship they are dedicated and loyal, so their close friends and relatives can rely on them for support. While they have pure intentions and motivations at heart, their close friends may feel that they are self-centered and prioritize their own ideas.*



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## Description #14

*When they express their opinion, they should be careful not to come across as insensitive or disregarding of other people's sentiments. In romantic relationships they may try to impress their partners and give them attention based on what they perceive as important. Thus it is important that they learn to identify their partner's actual needs.*

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## Description #15

*It is very important for them to be accepted and liked by the majority of people in their lives. Therefore they have a tendency to take on responsibilities, advise others, guide people morally and try to solve others' problems. This tendency may lend them to over burden themselves with others' concerns and problems.*

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*Description #16*

*Bharani people may perceive that others dislike them and this could be very hurtful and disturbing to them. This is due to their tendency to experience any form of pain and suffering very intensely.*

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## Description #17

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*Bharani star people have the ability to forgive even someone who deeply hurts, disappoints or betrays them if that person sincerely asks forgiveness. While they may not show their pain or react harshly, they will probably carry their hurt within their hearts for a long time.*

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Description #18

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*Although Bharani people will not let their pain affect their external behavior, nor let the seed of hurt grow into a tree, it is difficult for them to remove the seed from their hearts. Therefore they should be careful not to give too much of their emotional energy to others.*

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## Description #19

*There is a common saying, "You can please some of the people all the time, and all the people some of the time, but not all the people all the time." So it is good for Bharani people to remember that if they make their ultimate goal to please all their relatives, family and friends, they may end up frustrated.*

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*Description #20*

*If Bharani people dedicate themselves to pleasing the Supreme Lord, they are ensured that He will always reciprocate with love.*

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## Description #21

*Bharani nakshatra empowers people to tolerate any challenges and difficulties their life might present them. While they will moan and cry like infants, they will recover and continue. A main lesson they are meant to learn from their difficulties is that growth cannot come without purification. Therefore their lifetime is meant for purification from all low desires.*



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## Description #22

*If they want to find the lesson in their difficulties and become successful, they should ask the Lord for blessings and empowerment. Then He will remove their distress and bring all auspiciousness into their lives. If during difficult periods, they can turn their focus inward and connect with the Lord in the heart, they can experience spiritual transformation. This spiritual transformation can inspire them to transcend impure attachments and the false ego.*

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## Description #23

*This nakshatra is strongly connected with the universal process of life and death. One of the life lessons is to understand how to bring forth real unity, harmony and cooperation in relationships between men and women.*

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Description #24

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*Ideally these people should channel their energy to positive and uplifting pursuits, which can benefit others. If they fail to work for a higher purpose they may become directionless and involve themselves in diverging activities without the required discrimination. However, if they take guidance from true spiritual teachers, they can achieve all their goals. To do so requires that they develop self-control and sacrifice.*

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## Description #25

*A Bharani person's ultimate perfection is to become part of the mission of the Supreme Lord. Then they can be instrumental in protecting the good, annihilating the bad and bringing peace to the world. If they dedicate their lives to this supreme goal, they will transcend the cycle of birth and death, and reach the spiritual realms.*



In tamas, a Bharani person becomes completely dependent on other people's approval for every small activity they perform. This leads to frustration.

In rajas, a Bharani takes on too much responsibility and is unable to balance their inner peace with external duties, thus becoming a victim to doing good things but unable to be peaceful within.

In the mode of goodness, a Bharani utilizes their responsible nature to engage in philanthropic activities without expecting anything in return, and thereby feels content in heart and free to use this tendency when needed.



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*A person who accepts the path of devotional service is not bereft of the results derived from studying the Vedas, performing austere sacrifices, giving charity or pursuing philosophical and fruitive activities. At the end he reaches the supreme abode.*

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**- Bhagavad-gita 8.28**

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*But those who worship Me with  
devotion, meditating on My  
transcendental form, to them I  
carry what they lack and preserve  
what they have.*

**- Bhagavad-gita 9.22**



*Without knowing the need of the dormant soul, one cannot be happy simply with emolument of the body and mind. The body and the mind are but superfluous outer coverings of the spirit soul. The spirit soul's needs must be fulfilled. Simply by cleansing the cage of the bird one does not satisfy the bird. One must actually know the needs of the bird himself.*

**- Srimad-bhagavatam 1.2.8**





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*As a hungry man cannot be made happy by all comforts of life minus foodstuff, so the man hungry for eternal absolute happiness cannot be satisfied by any amount of material happiness.*

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**- Srimad-bhagavatam 1.13.17**



*After death one forgets everything about the present bodily relations; we have a little experience of this at night when we go to sleep. While sleeping, we forget everything about this body and bodily relations, although this forgetfulness is a temporary situation for only a few hours*

**- Srimad-bhagavatam 2.1.15**