



# ASHWINI

~ The Journey of The Stallion

**Meaning:** A beautiful stallion

**Symbol:** A horse's head

**Deity:** Ashwini Kumaras - the twin demigods of health

**ASTRO-  
GITA**



**ASWINI**

**DESCRIPTION**



# ASHWINI

# ASTRO- GITA



## Description #1

*“Ashwini” can be translated as “born of a female horse” or “the horse-woman”. These unusual names evoke a connection with the mythical creatures, centaurs, who are half-horse and half-man. This immediately connects Ashwini nakshatra with the qualities associated with centaurs, such as swiftness, boldness and mystery.*

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## Description #2

*Another name for this nakshatra is Asvayuj, which translates into “she who harnesses the horses”. This name again emphasizes the strong connection with horses, their nature and behavior.*

*The symbol for Ashwini is a horse’s head representing a dauntless spirit of adventure and a head-strong nature.*

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## Description #3

*In many ancient cultures horses were extensively used for undertaking long journeys over lands. Therefore the symbol connects this nakshatra with new undertakings and beginnings.*

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## Description #4

*When observing horses one will notice that they are very alert, sensitive, observant and restless animals. Therefore Ashwini nakshatra gives a person eagerness to act and a swift approach. The horses head also indicates that Ashwini nakshatra has strong mental and leadership abilities.*

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## Description #5

*It is noteworthy that a horse never undertakes a journey to reach its own goals, but to carry the rider so he can achieve his. This signifies that Ashwini nakshatra can empower a person to take on projects and challenges for a selfless cause.*

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*Description #6*

*Horses also represent power, courage, movement and vitality. Therefore Ashwini nakshatra empowers a person to be ambitious, hardworking and enthusiastic.*



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## Description #7

*Another symbol for Ashwini nakshatra is a 'horse carriage consisting of two horses carrying two people.' This symbol emphasizes a strong need for movement, excitement, exploration and adventure. Ashwini nakshatra makes a person courageous, fearless, determined and resolute. However these people should be careful not to become reckless and adamant, as this will bring them suffering.*

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## Description #8

*The horse carriage can also indicate undertaking a spiritual journey reaching the celestial realms. This indicates that Ashwini star people are pioneers and explorers who experience a deep yearning for finding meaning and purpose in their lives. They have a strong need to re-establish what they perceive to be a lost connection or to understand the root of their existence.*

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## Description #9

*Ashwini people's energy and curiosity may lead them to explore endless places, possibilities and philosophies. They have enthusiasm to learn and grow, but they have to find purposeful direction to reach tangible achievements. Therefore their journey is about finding a clear path which can lead them to transformational healing.*

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## Description #10

*The main presiding deities for Ashwini nakshatra are the Ashwini Kumaras, the twin celestial horsemen. Their names are Dashra and Nasatya, which translate into “bringing help” and “truthfulness” respectively. These two brothers are seen as the celestial physicians who have great knowledge of the healing power of herbs.*

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## Description #11

*It is believed that Dashra and Nasatya have supernatural powers to cure disease, rejuvenate the old and even bring the dead back to life. Ashwini nakshatra is thus connected with healing, rejuvenation and youthful energy and appearance. The twin brothers are also known for assisting people in resolving problems, especially difficulties between married couples.*

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*Description #12*

*The twin brothers also extend their compassion to heal and help animals. Therefore Ashwini nakshatra inspires a person to be warm, caring, compassionate and helpful towards others.*

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## Description #13

*Ashwini Kumaras are also known for their charm, elegance, style and extravagance. Therefore Ashwini nakshatra inspires a person to dress in an elegant but eccentric style. Ashwini nakshatra infuses a person with energy, cheerfulness and humour. It makes a person light hearted and willing to laugh at themselves*

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## Description #14

*In general Ashwini people show deep love and dedication to their friends. If they are convinced that a person truly loves them, they will make any sacrifice for them. As they have ability to perfectly understand other people's needs, they can satisfy all their partners desires.*



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## Description #15

*When their friends face difficulties, they will have patience and empathy and give sound advice. However, when they face difficulty, they are almost impossible to console. When they are disappointed with others they should be cautious of becoming unhealthily resentful. They will also benefit from trying to be more open to other people's input or advice, and overcoming the fear of being criticized or manipulated.*

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## Description #16

*Ashwini nakshatra makes people spontaneous, innovative and creative. They are usually convinced that they are unique, which is true as they have a strong pioneering spirit. They also work with agility and swiftness. As their comprehension is sharp and their thoughts are fast and direct, they have a straightforward, no nonsense approach to dealing with others. It will be beneficial if they focus on being careful to not come across as insensitive and harsh.*

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## Description #17

*Ashwini nakshatra influences people to often act on their thoughts without any reflection. They will be spared a lot of trouble if they can avoid falling into an impulsive behavior pattern. It will help them if they can remember phrases of caution such as, “hurry causes delay” and “haste makes waste”. As their minds are usually very restless, it is challenging for them to keep their attention and energy fixed on one goal. Although they are often talented, competent and sincere, they can easily become distracted and fail to achieve their goals.*

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## Description #18

*It will benefit them if they develop focus, commitment, persistence and patience. If they fail to do so they may be easily distracted, jump from one project or activity to the next, thereby uselessly scattering their energy. They are also resourceful. Therefore if they can develop endurance to complete projects, they can be successful in a variety of fields.*

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## Description #19

*Like a strong willed and untamed horse, Ashwini people usually have an independent and confident spirit. If they feel confined and constrained in any way, they will react strongly by rebelling. If they develop maturity by following spiritual teachings and principles, their independent inventive energy can be channeled properly. The best way to tame their wild nature is to work with them with sensitivity, caution and firmness.*

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## Description #20

*They may lack ability to discriminate between matters which should be taken seriously and those which should be overlooked. Therefore they may get upset about insignificant matters and take it too much to heart. It will be beneficial for them if they can learn to be more objective and balanced in their views, and avoid taking correction or criticism too personally.*

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## Description #21

*Ashwini nakshatra is related to new beginnings. It also represents bringing about healing by releasing energy blockages created in the past. People born in this nakshatra have a profound power to rejuvenate and regenerate, which is similar to a phoenix rising from the ashes. Their primordial creative potential and uninhibited energy is directly influenced by Ashwini nakshatra. Therefore it is of high importance that Ashwini people learn to channel this intense creative force in constructive ways.*

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## Description #22

*Ashwini people are often over optimistic, believe that anything is possible and therefore are unrealistic in their ambitions. If they can learn to follow the guidance of wiser, mature people and dedicate their creative energy to serve in the sankirtan mission, they will become successful, dynamic pioneers.*



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*Description #23*

*When they become reconnected with spiritual energy, they come to understand that they should focus on the ultimate goal, perfecting their love of God. If they can learn to have faith in and follow scriptures and authorities, their lives will become more successful.*

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## Description #24

*When a person waters the root of a plant, the whole plant gets nourished. Similarly by focusing on nurturing the root of their existence, their relationship with the Supreme Person, they can feel endless spiritual bliss. Deepening this relationship will make their minds more peaceful because they will realize that there is nothing to be achieved beyond the Lord.*

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*Description #25*



*When they become more  
focused they will be saved  
from aimlessly wandering  
and searching for another  
mystical and mysterious  
experience.*

# ASHWINI

*in the three gunas*

# ASTRO- GITA



- If Ashwini associates with tamas and oversleeps or gets absorbed in activities which are in the mode of ignorance, then the individual tends to become attached to matter and dependent on material situations, unable to go forward and progress, feeling stuck.

- Under the mode of passion, Ashwini nakshatra can become involved in too many activities and unable to maintain or even manage their diverse interests. They become scattered and lose trust in people they care about.

- In sattva, Ashwini can utilize their fiery nature to be focused on one project, using their creativity in expanding the project, thereby building trust and faith with others around them.

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*The bewildered spirit soul, under the influence of the three modes of material nature, thinks himself to be the doer of activities, which are in actuality carried out by nature.*

*- Bhagavad-Gita 3.27*

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*Being freed from attachment, fear and anger, being fully absorbed in Me and taking refuge in Me, many, many persons in the past became purified by knowledge of Me and thus they all attained transcendental love for Me.*

*- Bhagavad-Gita 4.10*

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*Just try to learn the truth by approaching a spiritual master. Inquire from him submissively and render service unto him. The self-realized soul can impart knowledge unto you because he has seen the truth.*

*- Bhagavad-Gita 4.34*

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*This knowledge is the king of education,  
the most secret of all secrets. It is the  
purest knowledge, and because it gives  
direct perception of the self by realization,  
it is the perfection of religion. It is  
everlasting, and it is joyfully performed*

*- Bhagavad-Gita 9.2*



**ASHWINI**

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*I am the source of all spiritual  
and material worlds. Everything  
emanates from Me. The wise who  
know this perfectly engage in My  
devotional service and worship  
Me with all their hearts.*

*- Bhagavad-Gita 10.8*